IQF MOULDED CAPE HAKE PORTIONS



Sea Harvest AUSTRALIA

www.sea-harvest.com.au

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90-110g Airline Portion



110-130g Portion

IQF Moulded Cape Hake Portions

Sea Harvest's hand moulded portions are made from 100% natural Cape Hake. The deboned, skinless portions are gently placed into a formed mould before they're placed into an IQF freezing tunnel.

After freezing the portions are automatically glazed, before being graded and packed. These portions contain no additives or preservatives & are rich in Omega 3.

Cape Hake is well-known globally & has been an Australian favourite for over fifty years.

Sizes

90-110g Portion (90x65x30mm)
110-130g Portion (140x65x25mm)

Packaging

1x5kg IQF

Scientific Name

Merluccius Capensis/Paradoxus

Key Facts

- Wild Caught
- No Hormones, No Antibiotics
- No Additives, No Colourants, No Preservatives
- MSC Certified Fishery
- Area of Catch FAO 47
- Skinless
- Pin Bone Removed
- Once Frozen IQF
- Available All Year
- Sweet Tasting
- Mild Flavour
- Easy To Prepare
- 24 Month Shelf Life When Frozen



Cooking Suggestions

- Ideal Deep Fried
- Oven Baked
- Pan Fried
- Grilled
- Steamed

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